St Mary's College of Physiotherapy

MGDM HOSPITAL



BPT BATCH 2026

ORIENTATION PROGRAMME 2026

Welcome, First Years!

Begin your journey in Physiotherapy with us

DATE
Wednesday
18 November 2026

TIME
10:00 AM – 12:30 PM

VENUE
College Auditorium

A WARM WELCOME

Your journey begins here

Dear students, welcome to **St Mary's College of Physiotherapy**. Over the coming years you will learn how movement, function and care come together to help people recover, stay active and live independently.

This orientation introduces you to the college, your teachers, your course and the values we hold. Ask questions, make friends and make the most of every opportunity.

What to expect on the day

Meet your college
Hear from the Managing Trustees and the Principal, and meet your faculty.

Discover the profession
The scope, specialties and career paths of physiotherapy.

Know your course
The NCAHP BPT curriculum, attendance and examinations.

Settle in with confidence
Code of conduct, anti-ragging policy, mentorship and an open Q&A.



OUR HERITAGE

Six decades of healing & learning

St Mary's College of Physiotherapy belongs to a family of institutions that began in 1964, when the Manohar Hill Charitable Trust opened MGDM Hospital as a small clinic for the rural community of Kangazha.

1964 — **Manohar Hill Charitable Trust & MGDM Hospital**
Began as a small clinic at Kangazha

1967 — **Mar Elia Chapel**

1974 — **Medical Laboratory Technology Course**

1975 — **School of Nursing**

1975 — **Baselios School**

1981 — **Multipurpose Health Worker Course**

1984 — **Vocational Training Centre**

2002 — **Theophilus College of Nursing**
Kerala's first self-financing nursing college

2002 — **Baselios Higher Secondary School**

2005 — **PGM College**

2024 — **St Mary's College of Physiotherapy**
BPT programme at MGDM

FOUNDER
Shri P. Geevarghese

FIRST PRESIDENT
H.H. Baselius Marthoma Mathews I

Today, under the Managing Trustees **Mr. Aby Alex Abraham** and **Mr. Jojy Thomas**, the institutions are entering a new chapter of growth.



OUR PARENT HOSPITAL

MGDM Hospital, Kangazha

Named after the late Mar Geevarghese Dionysius, Malankara Metropolitan, MGDM Hospital has grown from a small clinic into a multispeciality hospital in a rural setting, offering preventive, promotive and community health services alongside hospital care.

1964
Year founded

250
Beds open now

Clinical Departments

- General Medicine
- Orthopaedics
- Obstetrics & Gynaecology
- Paediatrics

Critical & Emergency

- 24-hour casualty & trauma
- Medical & Surgical ICU
- Coronary care unit
- Dialysis unit

Diagnostics & Support

- Laboratory & pharmacy
- Blood bank
- X-ray, ultrasound & Doppler
- TMT & ECG
- Physiotherapy & rehab
- Occupational therapy

WEDNESDAY, 18 NOVEMBER 2026 · COLLEGE AUDITORIUM

Programme Schedule

10:00 – 10:05	**Prayer Song**
10:05 – 10:15	**Welcome Speech** Dr. Farseen Mohammed P, PT, Assistant Professor
10:15 – 10:25	**Presidential Address** Dr. Nimmi Kuruvilla, Principal
10:25 – 10:40	**Inaugural Address** Mr. Aby Alex Abraham & Mr. Jojy Thomas, Managing Trustees
10:40 – 10:45	**Lighting of the Lamp**
10:45 – 10:55	**Felicitation** Prof. Sister Susanna OSM
10:55 – 11:05	**Introduction of Faculty**
11:05 – 11:15	**Tea Break**
11:15 – 11:35	**Physiotherapy as a Profession** Dr. Ragesh Ravi, PT, Associate Professor
11:35 – 11:55	**BPT Curriculum (NCAHP), Attendance & Examinations** Dr. Resna S, PT, Associate Professor
11:55 – 12:10	**Code of Conduct, Anti-Ragging & Mentorship** Dr. Anupama J S, PT, Assistant Professor
12:10 – 12:20	**Student Interaction / Q&A**
12:20 – 12:30	**Vote of Thanks** Dr. Gopika Gopakumar, PT, Assistant Professor
12:30	**National Anthem**
12:35 onwards	**Lunch**

THE PEOPLE WHO WILL GUIDE YOU

Meet Our Faculty



PRINCIPAL

Dr. Nimmi Kuruvilla

MPT (Advanced PT in Orthopaedics),
PG in Therapeutic Recreation (Canada), MIAP

St Mary's College of Physiotherapy



Dr. Resna S, PT
Associate Professor
MPT – Paediatrics



Dr. Ragesh Ravi, PT
Associate Professor
MPT – Orthopaedics



Dr. Gopika Gopakumar, PT
Assistant Professor
MPT – Cardio-Respiratory



Dr. Swapna Mary Andrews, PT
Assistant Professor
MPT – Orthopaedics



Dr. Anupama J S, PT
Assistant Professor
MPT – Musculoskeletal & Sports



Dr. Farseen Mohammed P, PT
Assistant Professor
MPT – Neurosciences



Dr. Jesly James, PT
Assistant Professor
MPT – Paediatrics

THE PEOPLE WHO WILL GUIDE YOU

Tutors & Guest Faculty

Tutors



Dr. Anu Vijayan, PT
Tutor
BPT



Dr. Alwin G Andrews, PT
Tutor
BPT



Dr. Rajeev V, PT
Tutor
BPT



Dr. Sreekala V.R, PT
Tutor
BPT

Guest Faculty



Mrs. Reshma K
Guest Faculty
MSc Physiology



Mr. Rojomon T C
Guest Faculty
MSc Anatomy



Mrs. Jiby Jose
Guest Faculty
MSc Biochemistry, MSc MLT



Mr. Abhishankar S J
Guest Faculty
MA Sociology



Dr. Asha Peter
Guest Faculty
MSc Medical Microbiology, PhD



Dr. Shahin Shoukathali
Guest Faculty
MBBS, MD (Internal Medicine), PGDHSC (Diab)



Mrs. Jinu Jose
Guest Faculty
Master of Public Health



Mr. Sujithkumar J S
Guest Faculty
MPharm



Mr. Muralikrishna Suresh
Guest Faculty
MTech, MBA

SAVE THE DATE

We look forward to welcoming you!



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College Auditorium

St Mary's College of Physiotherapy
MGDM, Devagiri P.O., Kangazha, Kottayam – 686 555
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